

**Setlementti
Tampere**

Väkivalta- ja kriisityö

Violence and Crisis Work Unit

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Information on violence
and help with difficult
situations

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Violence and Crisis Work Unit

- Low threshold services for the victims and perpetrators of domestic, sexual or honor related violence
 - Crisis intervention, support groups, violence prevention
- Work groups:
 - Domestic Violence Clinic (Perheväkivaltaklinikka, 21 years) + Project "When a Child is Violent"
 - Välitä! – Sexual Violence Work (10 years) + Project "Välitä! For Young"
 - DIDAR – Honor Related Violence Work (9 years) + Project "In Honour"
- Services are confidential and free of charge
- Staff:
 - 9 workers + 4,5 project workers
 - 5 group leaders
 - 5 voluntary workers
- Operational area: Inner Finland
 - Online work and training of professionals: whole Finland
- Funded by Funding Centre for Social Welfare and Health Organisations (STEA), projects also by Ministry of Justice

- **Counseling in acute domestic violence situations** for victims, perpetrators and close ones
 - mostly for adults
 - short term crisis intervention
 - individual or couple counseling
- Professionally guided **support groups**
 - for the victims of domestic violence (women)
 - anger management groups (men/ women)
- **For professionals** consultation and training
- **Violence Work Network** in Pirkanmaa



Statistic in 2021:

- 308 clients
- 29% male
- 70 clients with couple
- 697 sessions, 621 other contacts
- 21 in groups
- Project: 18 families, 24 parents

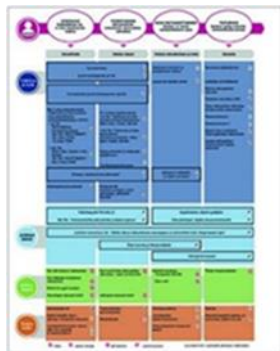


- **Crisis work in sexual violence** situations for victims, perpetrators and their close ones
 - for adults over 17 years (younger > Girls' House)
 - short term crisis intervention
 - acute experience or old trauma activated
- **Support groups:**
 - Psychodrama-group for victims of sexual violence in childhood (adults)
 - Cognitive processing therapy-group for victims of rape
 - Body-mind and stabilization groups
- **Trauma infos**
 - psychoeducation about traumatization
- **Chat**
- **New Direction – rehabilitation program** for persons at risk of sexually assaulting others
- **For professionals** consultation and training



Statistics in 2021:

- 205 clients + 33 (project)
- 18% male
- 6 New Direction program clients + 3 (project)
- 27 in groups
- 30 in chat groups
- 12 in Trauma infos





- **Preventive work of honor related violence** with immigrant communities
 - e.g. social control, forced marriage, forbidden divorce, physical violence, FGM
- **Counseling** for victims, perpetrators and close ones in honor related conflict or violence situations
- **Groups**
 - **Discussion groups**
 - different languages
 - **Dialogue workshops**
 - at schools
 - **Functional groups**
 - gym, dance, etc.
 - **Camps**
- **For professionals** consultation and training

Statistics in 2021:

- 73 clients
- 34% male + 10 (project)
- 199 in groups (half of normal due covid-19)
- 2721 professionalsin trainings (whole unit)

Kohtaaminen ja dialogi
kunnikulttuuri-
ja kunniaväkivaltatyössä

DIDAR-hanke

Projects



- When a child is violent (2020-2022)
 - In co-operation with Service Foundation for People with an Intellectual Disability (KVPS)
 - Support for families whose child (under 25 years old) with special needs behaves aggressively



- Välitä! For Young (6/2020-2022)
 - Long term support for 15-29 years old youngsters who have high risk for harmful sexual behaviour/ sexual assaulting
 - Develops methods for working with potential sexual perpetrators



- In Honor (2021-2022)
 - Counselling for persons of immigrant or Romani background who are at risk of using honor related violence
 - Develops methods for working with potential perpetrators of honor related violence

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<https://www.haeapua.info/english>

www.HaeApua.info

What is violence? Domestic violence Sexual violence Honour-related violence Useful links

GET HELP!

These pages will provide you with information on violence and help with difficult situations

If you are in immediate danger, please call the general emergency number 112.

Hae Apua -kampanja, Englanti, L...

I thought that no one could help me.

Domestic violence

Domestic violence refers to actions in which a family member abuses you either mentally or physically.

Examples of physical abuse include violent pushing, pulling and hitting and physical discipline of a child.

Emotional abuse includes abusive name-calling, yelling and threatening. It may also involve someone blocking and controlling you.

[Read more](#)

- **Information, cases, videos and where to get help to domestic, sexual and honor related violence**

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Working methods

- Individual/ couple/ family counseling and crisis work
 - methods from Traumatherapy, Crisis intervention, Anger management, Couples therapy, Cognitive rehabilitation program, Bodywork, Multicultural Work, etc.
- Traumasensitive approach
 - Stabilizing work (knowlegde and exercises)
- Prevention of violence
 - ensuring victim's and childrens' safety
 - risk assesment
 - psychoeducation: what is violence and how it affects
- Working with all parties involved
 - when possible and safe
 - getting the whole picture, not only one side's story
- Methods in groups
 - Trauma Stabilization, Cognitive Programs (CPT, Anger Management), Art Therapy, Psychodrama, etc.
- Co-operation and networking
 - with Shelters, Child protection, Police, Health services, Social services, Criminal Sanctions authorities, Immigrant services, Schools, NGO's

Feedback Informed
Treatment (FIT)

- In every session