

EXPERT FORUM ON PROTECTION OF VICTIMS OF HUMAN TRAFFICKING

WHAT HELPS A VICTIM TO LEAVE THE TRAFFICKING ENVIRONMENT

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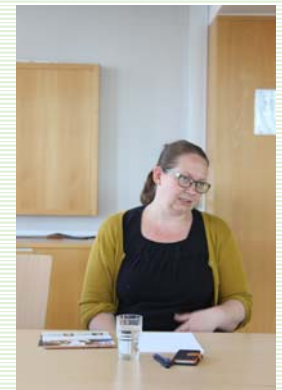
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Mechanisms Programme 2009 – 2014**

In cooperation with research expert:
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Total data collected for analysis

50 interviews (Half-structured + Repertory Grid Interview technique)

25 self-evaluation form of the damages and harms, that have been obtained by the respondent during the period of being in sphere of sexual exploitation

25 self-evaluation form of the different sort of assistance services, that must help person to leave the prostitution

Involved respondents

25 respondents

Females

Average age 37 y.o. (min: 23 y.o.; max: 53 y.o.)

16 involved in trafficking or prostitution; 9 quit from sphere of trafficking or prostitution

period of involvement: from 1 day - 19 years

period of quit: 3 month – 14 years

Results: involvement INTO sphere of trafficking/prostitution

Chains of vulnerability and Trigger Event (here only 1 example of chain for each event)

Trigger Event	Sequential activation of vulnerability chain	Factors contributing to the recruitment process
Domestic violence	escape with child from partner with the aim to stop the violence - single-mother status - no work - lack of housing - financial difficulties - search for a job - recruitment to trafficking/prostitution	personal contact with trafficking/prostitution environment representative (male friend was connected); absence of social assistance alternative
Addiction of partner	domestic violence - unstable emotional state - loss of a job - financial problems, debts - recruitment	personal contact with trafficking/prostitution environment representative (female friend was involved in prostitution); absence of social assistance alternative
Divorce or other forms of separation from regular partner	depression - single-mother status - poverty - unsuccessful attempts to start a new relationship - acute stress reaction - recruitment	personal contact with trafficking/prostitution environment representative (female friend was involved in prostitution);
Loss of emotionally significant figure of care (such as a parent/parents)	adoption into the family of a relative - conflicts with foster parents - frequent escapes from home - recruitment	minor age personal contact with trafficking/prostitution environment representative (female friend was involved in prostitution)
Minor age	recruitment	minor age personal contact with trafficking/prostitution environment representative (female friend was involved in prostitution) involvement of buyers of sex
"romanticizing" of trafficking and prostitution, search for "extraordinary experience,, and/or "easy money"	recruitment	personal contact with trafficking/prostitution environment representative (female friend was involved in prostitution)
Acute stress reaction	recruitment	personal contact with trafficking/prostitution environment representative (female friend was involved in prostitution)
Moving to foreign country	poor language abilities, inconsistency with professional requirements – loss of housing; loss of finance for living – debts – unstable emotional state – searching for a job – recruitment	recruitment ad was published in legal, public media
Loss of job (respondent of themselves or the partner of respondent)	financial problems - domestic violence - search for a job - recruitment	recruitment ad was published in legal, public media
Loss of housing	acute stress reaction – recruitment	mental disability recruitment ad was published in legal, public media

Results: experience IN sphere of trafficking/prostitution

Stages of involvement and psychosocial changes during the process of trafficking/prostitution involvement

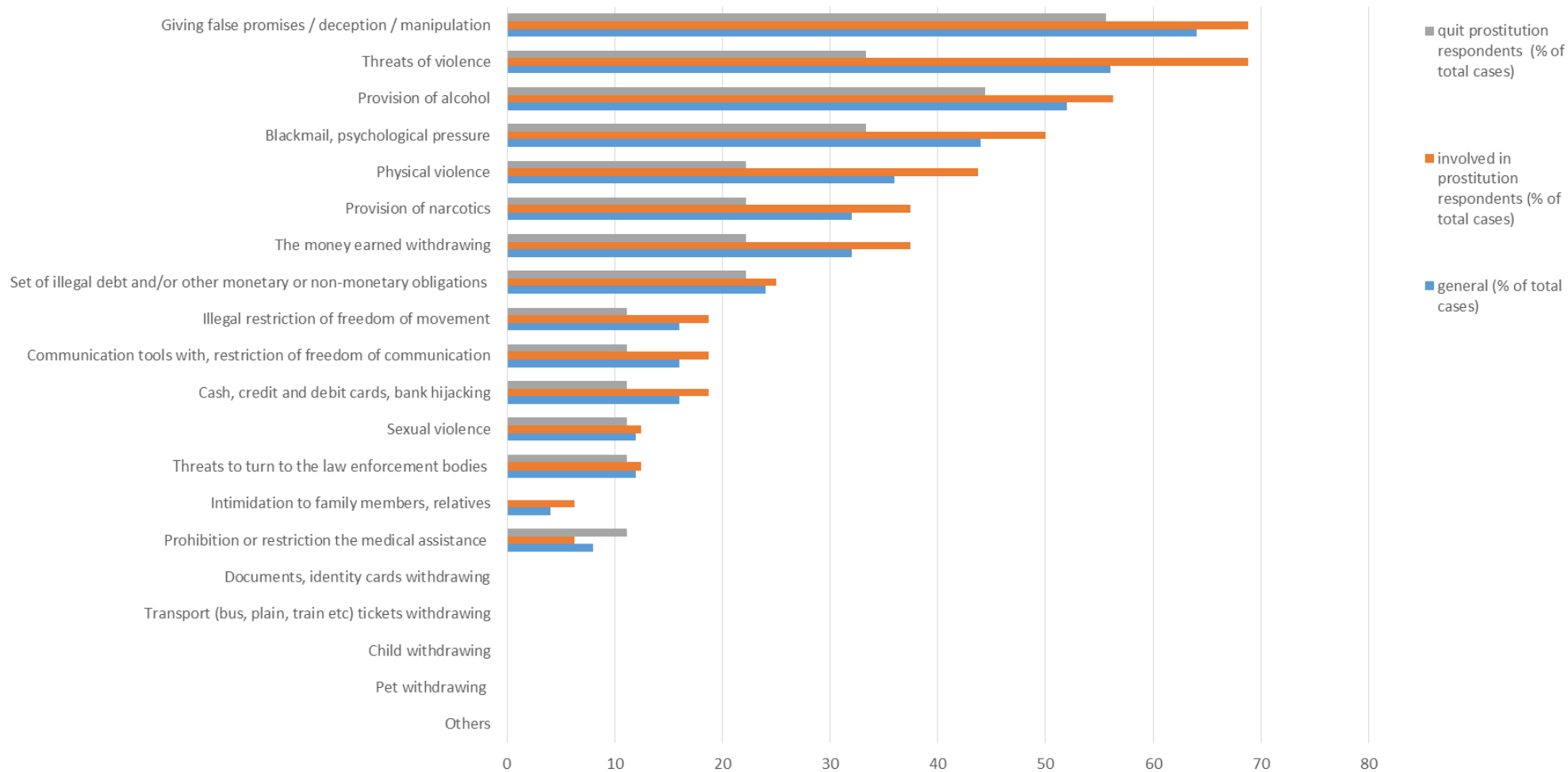
Stage	Approximate duration	Main characteristics
shock and fear	from first day of involvement to few weeks (sometimes several months)	Stress, fear and shock. Intence to isolation from everyone, wish to be alone. Feel of shame and hate directed on the self, feeling self, as "dirty", cry. Can occur also an opposite reaction - lack of emotion, feeling of inner emptyness. Good stage for quit trafficking/prostitution, but lack of chance to be identifiyed and helped, because of tendency of isolation and feeling shame. No any influence on pre-trafficking crisis situation
double life	after several weeks or months until 1 (one) year of involvement	Shock and fear of first stage are overcome, but still strong inner ambivalence. Feeling shame and paranoic state, that "everyone knows". Lie and secrecy, that is causes strong inner emotional preasure or tention. Inner preasure can be expressed in strong anger reactions, if anyone try to offer help or just ask about something. In case of lack of strongly pronounced negative events on previous stage, person continue involvement in trafficking/prostitution.
game	from 1 year up to 2,5 (3) years of involvement	Inner conflict of the previous stage is supressed with theextremely huge ammount of new experience or stimulation. In emotional sphere dominating sences of self-confidence, euphoric, comfort. Not visible health problems. Can be significant increase of financial income, correspondently with pre-trafficking situation. Crisis situation of pre-trafficking period can be overcome. Person tend to see only positive traits of actual state and ignore risks. Criticism reduced. Everything that not support positive view on actual situation can be suppressed or ignored, that leads to beginning of changing of pre-trafficking social environment or social network. Motivation to legal employment is low, starting to lose professional skills. Can be started drug or alcohol abuse.
sobering	short period of time around 3 years of involvement	Short period from few weeks up to couple of months. Typically provoked by strongly negative event (subjectively strong), as can be sexual abuse, physical violence, act of humilitation, problem with health, criminal punishment, debds. In some cases it can be caused by the unsuccess attempt to quit trafficking/prostitution. In emotional background is dominating: fear and confusion. Good stage for quit prostitution, if "catch" this short period of sobering and offer adequate psychosocial assistance
humility	from 3 up to 5(7) years of involvement	Involvement in sphere of trafficking/prostitution becomes an everyday activity, routine. Sences are blunted, in many cases respondents describe, that acting like "robots". Pre-trafficking stage social network is strongly changed and lost much of the previous contacts. Strongly lost of professional skills and qualifications. Typically unsuccessfull attemts of empoyments or quit from trafficking/prostitution, what is more decrease motivation. Emotional background is unstable and fluctuaction from the sence of self-confidence to sence of flagellation and despair (yo-yo effect). Level of incomes is strongly decrease.
burning out, glut	7(8) – 14 (15) years of involvement	Possible serious somatic and/or psychological, psychical disorders. Seriously lost previous psychosocial and professional skills and habits. Can be developed different kinds of addictive behaviour: alcohol abuse, drug addiction. Level of incomes is low or extremely low. Person can show strong traits of psychosocial disability and need social assistance. Person can be open and aware necessity for assistance, but in emotional background dominating indifference, lack of faith in the possibility of change, lack of motivation. Need complex rehabilitation programme.

Results: Changes, that occurs the person afterward involvement into sphere of trafficking/prostitution

Kind of consequences	Described as POSITIVE	Described as NEGATIVE	Described as NEUTRAL
changes in relation to itself, self-esteem	<ul style="list-style-type: none"> _self-confidence appeared _everyone say compliments _did not feel myself anymore as a beggar 	<ul style="list-style-type: none"> _ appeared feeling of humiliation (when meet with the former "customers") 	
change of everyday social network	<ul style="list-style-type: none"> _ Large networks of friends (many acquaintances was) _left old friends, and I am very pleased 	<ul style="list-style-type: none"> _ lost contact with the child _ former social network gone (I'm ashamed) _ my environment changed completely _ gone previous friends _ lost my previous social contacts _lost my family _ changed my daily communication - to the people of „this sphere“ only _ i became a "loner" prefer to be alone now 	
changes in behavioral patterns	<ul style="list-style-type: none"> _became more brave in communication: learned how with a joke get off difficult situation psychologically _lost the fear of strangers and difficult situations 	<ul style="list-style-type: none"> _ became cruel _ appeared self-destruction _ became more aggressive _ appeared permissiveness _ became necessary to lie _ became impudent _ lost of trust to people _ lost normal habits: in this environment no one is nothing waiting from you, nobody demands _sense of fear is gone, and it's bad _ appeared "uncontrolled "flirting, _difficulties maintaining interpersonal boundaries _inability to get out of "roles" imposed on prostitution _ now have no financial discipline, cant schedule my expenses 	
changes in health status; changes of psychological and psychic state		<ul style="list-style-type: none"> _ stress _ significantly worsened mental state _ became very nervous _ feel depression _have problems with concentration _ nervous breakdowns _ constant feeling of anxiety _ became HIV positive _ several times had STD _ mode of day have been changed 	
Harmful habits, addictions		<ul style="list-style-type: none"> _ begin to use drugs _begin to use alcohol 	
relation to males		<ul style="list-style-type: none"> _ consumer attitude to men (probably in response to them) look at the man as the purse _ disgust men - sex-buyers, especially married _ changed treatment to men - became worse _ all men for me as "it" 	
Changes in material well-being, income	<ul style="list-style-type: none"> _ money independence _ apartment is renovated _ can travel _ financial situation became better: now i got food and clothing _ buy an apartment 		
other	<ul style="list-style-type: none"> _ can much better sort out the people _ get knowledge about sex _ got a sence, that i have a "working place" _ began percept that world in a more realistic way _freedom - no problems with the bosses or managers at job place 	<ul style="list-style-type: none"> _ lost my teeth _ have an addiction to sex _ feel tired of "world of sex" _ matured faster _ i became more "lazy" 	<ul style="list-style-type: none"> _ that chanded me absolutely, i have been changed _ my light-mindedness is gone

Results: Consequences of involvement

Diagram of damages or injuries which were caused during the involvement in sphere of human trafficking and prostitution



Results: TOP 5 Semantic Core analysis for personal constructs of element „Quit prostitution“

Position in Semantic Core	Construct	Times in a text
1	confidence	11
2	new	7
3	opportunity	6
4	pleasure	6
5	joy	5
TOTAL CONSTRUCTS FOR ELEMENT	Before proceeding	193

Results: TOP 5 Semantic Core analysis for personal constructs of element „Prostitution“

Position in Semantic Core	Construct	Times in a text
1	money	11
2	income	7
3	dissapointment	6
4	pain	6
5	fear	5
TOTAL CONSTRUCTS FOR ELEMENT	Before proceeding	193

Results: Correlation analysis for element „Quit prostitution“

Personal Grid elements		psychological support	sex-buyer	new life beginning	quit from prostitution	legal job	prostitution	pleasure	male	family	money / financial support	violence	success	child	sex	confidence
Quit prostitution	Pearson correlation	,389**	-,593**	,640**	1	,683**	-,503**	,420**	,297**	,569**	,332**	-,459**	,515**	,490**	,052	,552**
	Value (two taled)	,000	,000	,000		,000	,000	,000	,000	,000	,000	,000	,000	,000	,357	,000
	N	312	312	312	312	312	312	312	312	312	312	312	312	312	312	312

** . Correlation is significant at 0.01 (two taled).

*. Correlation is significant at 0,05 (two taled)

KGLU79: “I just wanted to change my life, to become somebody else, I wanted to become normal... “

PKRN75: “I want to finish - I am tired of being afraid, to lie and hide. I am young, I want to live for myself. Currently, I make plans what to do afterwards - work, finding it, etc ... “

Results: Correlation analysis for element „Prostitution“

Personal Grid elements		psychological support	sex-buyer	new life begining	quit from prostitution	legal job	prostitution	pleasure	male	family	money / financial support	violence	success	child	sex	confidence
Prostitution	Pearson correlation	-,208**	,662**	-,394**	-,503**	-,416**	1	-,201**	,044	-,337**	-,104	,251**	-,226**	-,312**	,133*	-,319**
	Value (two taled)	,000	,000	,000	,000	,000	,000	,000	,444	,000	,067	,000	,000	,000	,019	,000
	N	312	312	312	312	312	312	312	312	312	312	312	312	312	312	312

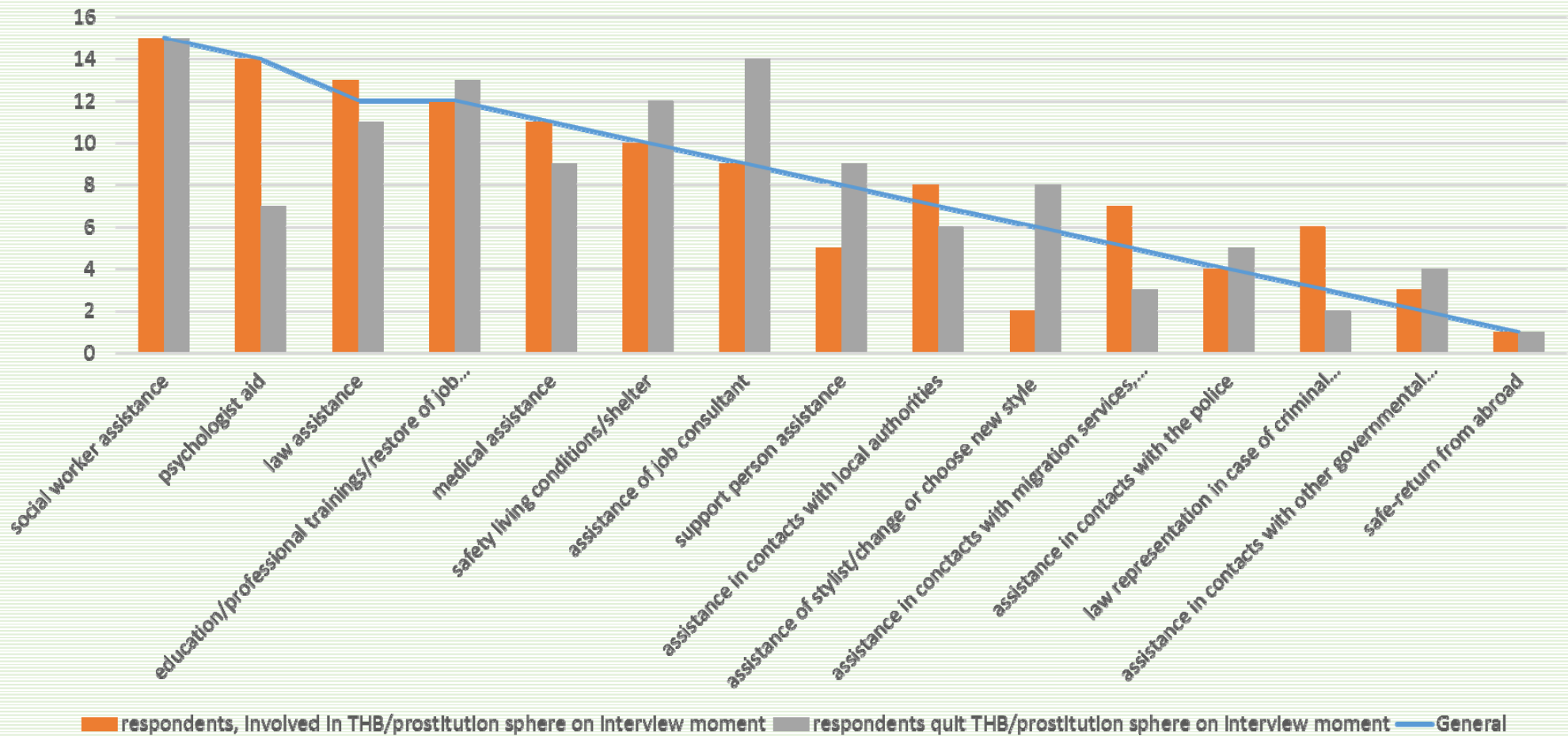
** Correlation is significant at 0.01 (two taled).
* Correlation is significant at 0,05 (two taled)

KGIR91: “I had the ads with my own picture. Later, I was recognized in the bus. After all, I saw their glances, and once someone said (I heard): “Oh, look - a prostitute ...” “

KGLU79: “Perhaps I it has been a too short time since I left, because I still feel everything of it... When I accidentally meet some of my former “clients”, who stands and stares mockingly, smiling ... All that is loath some, scary, I would like to run immediately, because it seems like everyone is staring at you, not only the one person. You are trying to create a new life for yourself, but they do not admit it ... “

Results: Self-evaluation form of the different sort of assistance services, that must help person to leave the THB/prostitution environment

ASSISTANCE SERVICES on BASE OF SELF-EVALUATION FORM (max.point = 15)



Results: Challenges on stage of quit sphere of trafficking/
prostitution

a. Challenges related to respondents **social network**

b. „Bad habits“ in **finance behavior**

c. Unproductive **behavioral patterns**

c. role of **sex-buyers**

EXISTING OF SPECIALIZED INSTITUTIONAL EXIT-PROGRAMMES CAN BE
ONE OF THE SOLUTION AND BEST RESPONCE OF THIS CHALLENGES

Results: Citations about effect of institutional assistance within the frames of exit-programme centre

KGAO76: „‘Atoll in this respect is very strong. I am astonished by the attitude into us, we are not seen like some bad, scary, the lowest of people, but just as everyone else - absolutely equally. It is a great help that in spite of everything, you are treated absolutely equal - no one will look at you crookedly, does not judge, does not imply. This is very important, very motivating. “

PKIU71: “It is good that such a centre exists. You can feel a little safer, and that you are needed, because as I’ve learned, the most horrible thing to feel is no one needs you. “

PKAA85: “I got all the information regarding Municipal Housing from the centre Atoll.”

Conclusions: recommendations for preventing of expansion of trafficking/prostitution phenomenon and assistance to victims of crime

- a. combating with the problem of domestic violence
- b. providing of gender equality on different levels of the society: mostly on legal job market
- c. providing functional programmes of prevention and treatment of different forms of addiction (alcohol; drug; gambling)
- d. provide programmes of increase of financial competence of the people
- e. raise awareness of problem of trafficking in public in general, vulnerable groups and professionals
- f. fight with the pimping, recruitment and buying of sex
- g. support and develop specialized social exit programmes for victims and people involved in prostitution

**Create a Network of Institutions, who support EXIT-conception
and provide EXIT-programmes
(Nordic + Baltic States)**

FULL TEXT OF RESEARCH REPORT AVAILABLE HERE

RESEARCH OF VICTIMS NEEDS
IN CONNECTION WITH
REHABILITATION SERVICES AND
CLARIFYING MOTIVATION FACTORS
THAT HELP TO LEAVE THE
TRAFFICKING ENVIRONMENT.



ROMAN KRŮLOV

http://norway-grants.eluliin.ee/images/pdf/Research_of_victims_needseng.pdf

Thank You!

IN CASE OF QUESTIONS, PLEASE, CONTACT:

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