

Nordic Forum

Less salt, less fat – **And other possibilities to improve child nutrition**

1 November, 2008 12.00-16.00

Venue: Estonian Fairs Centre, address: Pirita tee 28, Tallinn, Estonia

Moderator: **Raivo Vokk**, Professor, Tallinn Technical University, Estonia

Preliminary PROGRAMME

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| 12:00 -12:30 | Registration |
| 12:30 -12:35 | Opening speech:
Maret Maripuu , Estonian Minister of Social Affairs |
| 12:35 -13:05 | Bent Egberg Mikkelsen , Ph.D, M.Sc, Danish Technical University
<i>School food at schools in Nordic countries</i> |
| 13:05 - 13:35 | Tagli Pitsi , Ph.D, Nutrition Expert, Estonian National Institute for Health Development
<i>Children´s nutrition in Estonian schools and kindergartens</i> |
| 13:35 - 14:00 | Coffee break |
| 14:00 - 15:00 | Marjaana Lahti-Koski , Ph.D, MSc (nutrition), Development manager, Finnish Heart Association
<i>Nutrition in Finland: Towards healthier food from childhood on</i> |
| 15:00 - 15:15 | Tagli Pitsi , Ph.D, Nutrition Expert, Estonian National Institute for Health Development
<i>Supporting actions for school-food providers by the National Institute for Health Development</i>
<i>Introduction to the book „Menus and recipes for children“</i> |
| 15:15 - 15:30 | Sirje Vaask , Teaching Assistant, Tallinn Technical University
<i>Overview of the competitions „The Best Scool Canteen 2008“ and „Meal Break at School“</i> |
| 15:30 - 16:00 | Discussion |

The official languages of the Forum are English and Estonian.