

Creative Writing



Narva, Estonia 18-19 August, 2014

**The world can be viewed in many
different ways**



Creative writing

Creative writing is a composition of any type of writing at any time

- You don't need previous experience in creative writing.
- Creative writing is believed to focus on students' self-expression.
- In workshops students usually work for without any critique.

Everyone can write!

- Everyone knows how to write
 - * Grammar rules in the background
- We write stories with a beginning, middle and end (Aristotle)
- We write stories with no rhyme or reason
- We will find the enchantment of language and words

Imagination & Senses

- Without imagination it is very hard to motivate ourselves to be creative through all the inevitable distractions
- How can we awaken our imagination and bring its energy and insight into our creative writing?
- We can help this process along with writing exercises
- We can use our senses.

Getting Started?

Just start writing!



First of all, we must create open and atmosphere of trust



Senses in creative writing

- * The sense of sight

 - * The sense of hearing

 - * The sense of smell

- * The sense of taste

 - * The sense of touch

The senses can be tuned to the creative mode

- By activating the senses can evoke memories
- By exciting the senses you could go deeper into your mind
- Environment, feelings, smells, sounds take us into a denser atmosphere

The sense of sight



Sensory stimulation

- The sense of sight is the strongest and predominant senses
- I see the point
- Visual senses can be stimulated in many ways:
- Looking at people, landscape, paintings photos, art postcards etc.

The power of a photo



The power of a photos

- Photo is a very strong stimulant
 - A simple image viewing to bring back memories
 - A moment, a state of mind, mood, smells, tastes revert to the mind

The sense of hearing



The sense of hearing

- Sense of hearing can be stimulated in many ways
- For example:
 - listening to music
 - classical, pop-music, folk, rap etc.
 - listening to the voice
 - Singing
 - Alone or together with friends

The sense of smell



The sense of taste



Smell and taste

- Sense of smell and taste are like siblings
 - The sense of smell to remember our past
 - Smell every breath
 - We share the people by smell
 - Also, these senses can be stimulated by smelling and tasting
 - Chocolate, cinnamon, vanilla, lemon, ice cream

The sense of touch



The sense of touch

- Also the tactile sense may be stimulated in various ways
- Using a variety of objects
- Writing
 - in different positions
 - in different places

Memory and memories

- The basis for everything is in our memory and in memories
- **Personal memories**
 - The Past, Present
- **Cultural memory**
 - Traditions, rites, ceremonies
- **Collective memory**
 - Humans have always been part of the community, society and the global universe

Back to basic!

Everyone can write!

- Grammar rules in the background
- Does not matter what you write, is the main thing that you write
- Everything you write is correct
- There are no right answers
- Forget for a moment the critic who sitting on your shoulder

Thank you!



Contact

- **Teacher of creative writing**
 - **Maarit Saarelainen**
 - **Tel. + 358 (0) 40 356 1991**
maaritti@saunalahti.fi