

FIGHTING SCHOOL BULLYING WITH DRAMA AND PLAY!



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FIGHTING BULLYING WITH DRAMA

- **Olweus Bullying Prevention Program**
- **Difficult to use role-playing to work with tricky issues as bullying and negative feelings**
 - So what works then?
- **Roots in Drama Therapy**
 - Projective Techniques
 - Focus is not on the person

FIGHTING BULLYING WITH DRAMA

STILL IMAGES

- Simple form of role playing
- everyone can participate
- effective tool
- You don't have to be good at drama



FIGHTING BULLYING WITH DRAMA

PLAYING WITH EMOTIONS

- **IN THE BEGINNING “PLAY” IS THE KEY!**
- **EMOTION IMAGES**
 - Play with emotions before you start talking seriously about them
 - Get the students excited about the game
 - make the students believe they are good at what they are doing

FIGHTING BULLYING WITH DRAMA

IMAGES OF BULLYING

- Discuss the image with the spectators



- What is happening in the images?
- The actors get in role
 - What is the persona you are playing thinking or saying now?

FIGHTING BULLYING WITH DRAMA

Use one image to work with, in more detail

- Show the image
- Take on the role of the bullies
- Emphasize on the victim
- Teacher takes the role of victim (not necessary)



The victim is in your school!

FIGHTING BULLYING WITH DRAMA

**LEARNING AND UNDERSTANDING
HAPPENS WHEN THE STUDENT;
DISCUSSES, EVALUATES AND
CONNECTS THE DRAMA THAT
JUST HAPPENED TO HIS/HER
REALITY**

FIGHTING BULLYING WITH DRAMA

- Images don't have to be live



MAKING MAGIC THROUGH MUSICALS

- Students play all the key roles in the production
- Academic performance increases
- Self esteem/confidence increases
- Creating community
- Parents participation



MAKING MAGIC THROUGH MUSICALS

“I was one of the choreographers, we had to teach everyone the dances, it was our responsibility to make the dance acts work, and that is huge responsibility. I learned so much that I have been able to use in other projects connected to drama and music.”

“Being a part of a community and trying to achieve goals that are important to everyone within that community, is what taught me discipline.”

“I’m not shy anymore.”

“I’m better at being on time.”



“I couldn’t believe we had created this, it was amazing to see it all come together in the end, I have never been so proud in my life.”

“She really surprised us all, by learning difficult dances, complicated choruses and by acting out her own little scene in the show, participating in the show really expanded her idea and ours of what she can achieve.”

“I made friends.”

LION KING



**“TELL ME AND I WILL FORGET
SHOW ME AND I WILL REMEMBER
INVOLVE ME AND I WILL UNDERSTAND.”**

Chinese Proverb

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