

Integration Norden – a knowledge bank

- To support stakeholders in developing integration initiatives and policies that work
 - a resource for Nordic **knowledge**
 - a node for Nordic **cooperation** and knowledge exchange
- Target group: national authorities, experts at regional and local levels and NGOs, researchers



A resource for you!

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Nordic Welfare Centre

Integration Norden

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Skandinaviska | English

A knowledge hub on migrant **integration** in the Nordics

Here you will find facts, research, knowledge exchange and contacts to help you make better decisions about integration – throughout the Nordic region. The Nordic Welfare Centre is an institution within the Nordic Council of Ministers.

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💡 New study from [University of Helsinki](#): Boys of immigrant origin more likely to show symptoms of depression and anxiety

A new doctoral thesis by Postdoctoral Researcher [Rekar Abdulhamed](#) at the [University of Helsinki](#) highlights key findings:

- ! Higher risk among boys: Children and teens from first-generation immigrant families are more likely to experience depression and anxiety.
- ! Double-loneliness: Many young people feel they have no one to talk to, neither parents nor teachers.
- ! Role of schools and teachers: Supportive teachers who treat students fairly, care about their wellbeing, and encourage them to share opinions are crucial protective factors.
- ! Sense of belonging matters: Feeling connected to school, friends, hobbies, or Finnish society helps protect against the negative effects of discrimination.
- ! Support for families and teachers: Cultural competence training for teachers and guidance for parents are essential to help young people thrive.

📖 Read more: <https://lnkd.in/dYneAbCn>

💡 Related report from [Nordic Council of Ministers](#) and [Nordic Welfare Centre / Nordens välfärdscenter](#): <https://lnkd.in/dMmB-i6f>

New study from
University of Helsinki:

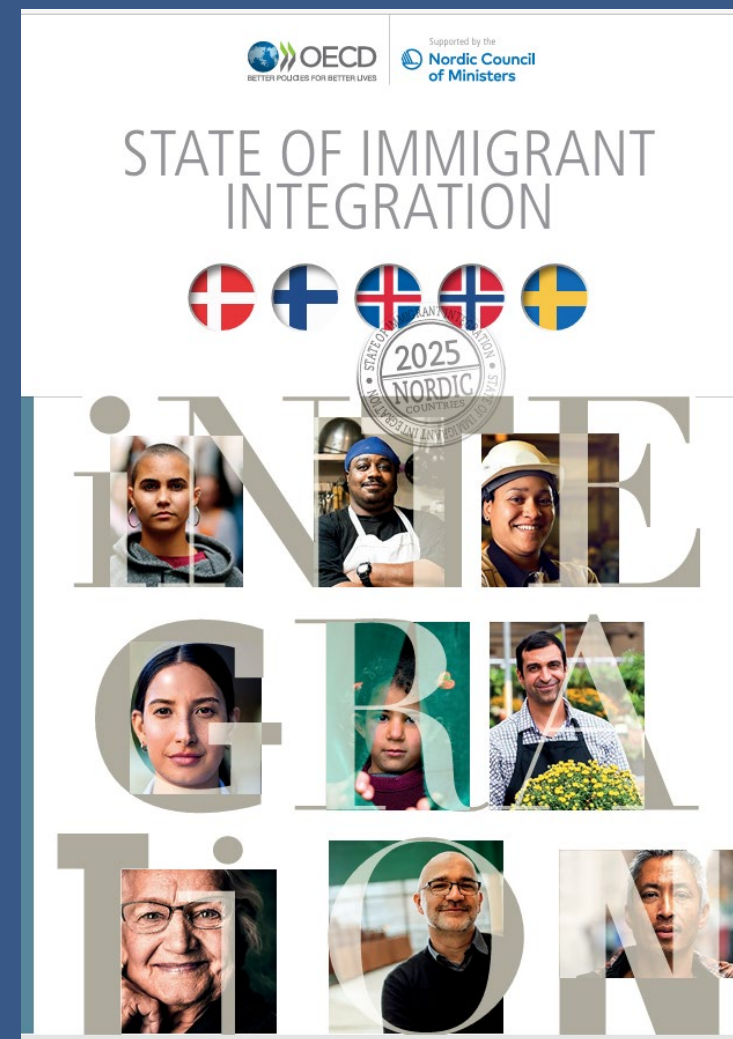
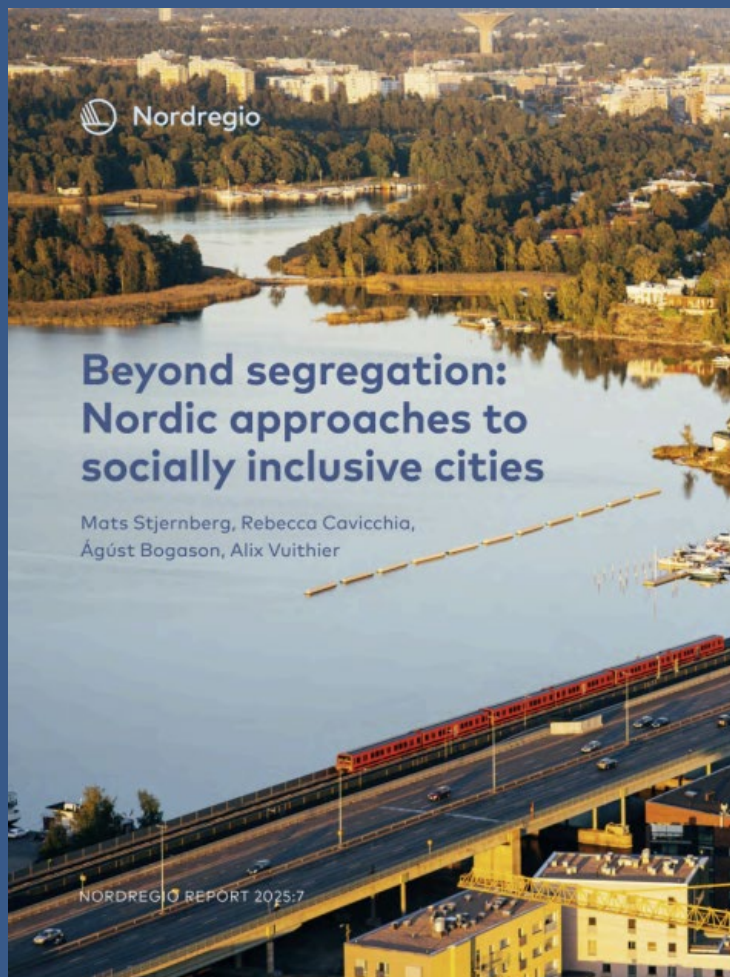
**Boys of immigrant
origin more likely to
show symptoms of
depression and anxiety**

Highlights:

- Boys are at higher risk
- Many young immigrants feel lonely
- The feeling of belonging is important
- Families and teachers need support

  Pia Nevala Westman and 53 others 2 comments · 4 reposts

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The annual Nordic integration conference

16-17 November 2026, Copenhagen

Programme and registration opens
Monday 21 September
At integrationnorden.org

Organisers: Nordic Welfare Centre, Nordic Council of Ministers, Danish Ministry of Immigration and Integration and the Ministry of Trade and Industry in the Faroe Islands

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Home Events Active citizenship social integration and negative social control in the nordics

Integration policy Upcoming

Active Citizenship, Social Integration and Negative social control in the Nordics

START 16 Nov 2026 at 10:00 Europe/Stockholm (UTC+1)	END 17 Nov 2026 at 13:00 Europe/Stockholm (UTC+1)	LANGUAGE English	LOCATION Moltkes Palæ, Dronningens Tveergade 2, 1302 Copenhagen K
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At this year's Nordic Conference on Integration, we will examine what we know about active citizenship, negative social control, and social integration. We will explore progress within gender equality and democratic engagement as well as barriers such as honor related violence. What shall we be aware of in terms of possible conflicts between host country expectations and family norms among newly arrived? What can we learn from existing initiatives to support active citizenship?

Experts from across the Nordic region will gather in Copenhagen to present how integration can be understood in a broader sense than employment rates and language skills.

The conference welcomes all experts, policymakers and researchers from across the Nordic region working on integration at the national, regional, or local level.

www.integrationnorden.org

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 Nordic Council
of Ministers

From arrival to participation:
measuring migrants' social
and civic integration –
a Nordic review

